Sustainable Spin & Smile Rally

A Real Life Game
Purpose

- Get inspired to travel sustainably
- Meet new people and have fun
- Engage with local community
- Adaptable to anywhere
VEGAN AND GLUTENFREE, NO ADDED SUGAR

How to

→ Gather your friends and your bikes
→ Create pairs or small groups
→ Agree on the meetups (start and end)
→ Complete as many challenges as possible
→ Arrive at the agreed venue in time
RECYCLABLE AND CROWDSOURCED CONTENT

Challenges

→ Successfully find someone to become a member of your organization (e.g. Naturefriends)
→ Acts of kindness/service (e.g. gardening)
→ Hold hands while biking (extra point if it is a stranger)
→ Talk to a local political about the sustainability of the local infrastructure system
→ Group of other cyclists (1 point per 5 people)
Green Instructions

Go to
www.menti.com

Enter the code

2487 3518

Or use QR code
<table>
<thead>
<tr>
<th>Task</th>
<th>Points</th>
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<tbody>
<tr>
<td>Try riding your bike without using your hands.</td>
<td>1 point</td>
</tr>
<tr>
<td>Hold the unicorn sign while having your tongue out</td>
<td>1 point</td>
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<tr>
<td>Pick up trash that you find on the way, one point per item</td>
<td>1 point</td>
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<tr>
<td>Even you are last, you will be first in IYNF!</td>
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<tr>
<td>Arrive in the most creative recycled self-made costume to meeting point</td>
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<tr>
<td>Learn how to Repair your bike's tire</td>
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<tr>
<td>For each dog you meet, handshake, and learn the name of, get one point.</td>
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<tr>
<td>Having no bike</td>
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</tbody>
</table>
Be part of the change...

- Giving out lollies while riding a bike!
- Give a French kiss for a tree
- Someone has an electric bike
- Remove effects of capitalism

- 1 point for each 100 grams of garbage collected from the streets or green areas
- Hitchhiking but have a cyclist (stranger) take you to your destination
- Sing "Tell me why..." by Backstreet Boys. One point per singing attempt. Extra points if the people join singing
- Eco-revolution!!!
20% LESS PRESENTATION MATERIAL THAN BEFORE

Be part of the change...

Organize a camp fire for warming up

Every time you see a yellow bike, you have to shout “yellow bike!”
Scaling opportunities

→ Go to different locations
→ Meet (nature) friends across Europe and get points
→ Make it a weekend trip
→ Make it a year long challenge